

# **Men's 3-Day Getaway in Oneida, Tennessee**

 **Stay:** Timber Rock Lodge

## **Day 1 – Tee Off & Recharge**

- **Afternoon:** Check in at Timber Rock Lodge
  - **1:00 PM – 4:00 PM:** Golf at **Oneida Municipal Golf Course**
  - **4:30 PM – 5:30 PM:** **Massage at The Skin Clinic**
  - **6:30 PM:** Dinner at **Preston's Loft**
  - **Evening:** Return to lodge for relaxation
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## **Day 2 – Golf & Downtown**

- **8:00 AM:** Breakfast at The Cowgirl Cafe
  - **9:30 AM – 11:00 AM:** Optional visit to **Museum of Oneida & Scott County**
  - **11:30 AM – 2:00 PM:** **Second round of golf at Oneida Municipal Golf Course**
  - **2:30 PM – 4:30 PM:** Downtown exploration & lunch
  - **5:00 PM:** Drinks and dinner at **Big South Fork Brewery**
  - **Evening:** Return to lodge
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## **Day 3 – Outdoors & Departure**

- **Morning:** Breakfast and coffee at lodge
- **Optional:** Short hike or scenic overlook in **Big South Fork National River & Recreation Area**
- **Departure:** Head home refreshed